

## Making the Connection

NZSCAT Wellington 2007

Many children who attend swimming lessons find the transition to squad swimming difficult.

This workshop will discuss issues and methodology to meet the needs of these young swimmers.

### We will discuss issues of:

#### What is the issue of connection?

- Making a connection through effective communication and understanding the physiology and psychology of the child.
- The difference between girls and boys.
- Ages and stages of skill. What do they already know?
- Does distance matter? Assessed correctly.

#### Making the connection

- Methodology of applying skills.
- Effective communication.
- Swim For Life 200m confidently and competently and what does this mean?
- How water safety drills be included in the programme.
- Equipment is it useful?
- Translating the foreign language.

#### Personalising the connection – Workshop

- How does this apply to you.
- How des this apply to the parent/caregiver.

#### Pool session - Practicing the connection

- Let's try out some ideas.
- You control this session.

#### Reflecting on the connection

- Review issues which are effective – and more issues.
- New ideas

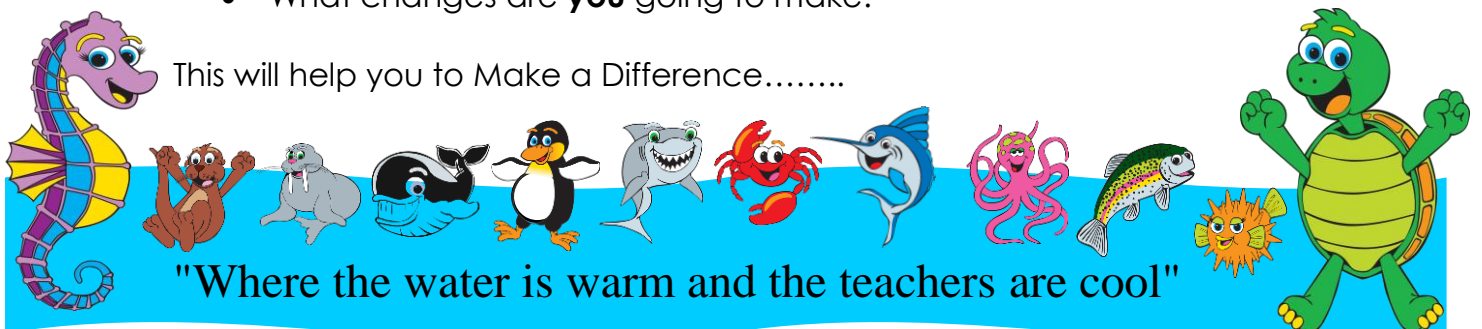
#### What does the connection look like for you?

- Personalising issues. Open forum of discussion of where to from here.

#### Placing the connection into tomorrows practice.

- What changes are **you** going to make.

This will help you to Make a Difference.....



"Where the water is warm and the teachers are cool"